

Judges & Ruth

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PRESCHOOL AGE CURRICULUM

Revised and Updated from Original Study by Dana Stewart

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Joy of Living Judges & Ruth for Preschool Age © 2010 • Joy of Living Bible Studies • Ventura, CA (800) 999-2703 • E-mail: info@joyofliving.org • www.joyofliving.org Dear Teacher,

Children are important to God! As a teacher you have the privilege of helping children learn more about God and develop a personal relationship with Him.

Judges contains exciting stories and illustrations of God's love and care for His children. As we study this course we want to help the children understand:

- that they are important to God and He loves them,
- that God is all powerful and wise, and
- that God will take care of them in every situation.

Isaiah 43:4a & 5a, "Since you are precious and honored in My sight, and because I love you...Do not be afraid, for I am with you," illustrates these truths and should be emphasized each week throughout the course.

Preparation

In preparation for the year, review each lesson plan. Study the scriptures paying particular attention to Isaiah 43:4a & 5a. Ask God to help you understand and apply these scriptures to your own life and to provide you with a clear way to explain the concepts to the children. It isn't necessary to follow every detail of the lesson plan. Use the plan as your guide and as a springboard for your own ideas. Make notes as ideas come to you and begin collecting materials.

Key Verse = Lesson Focus.

As you prepare your weekly lesson use the "Key Verse" to clarify the direction recommended for the story and the activities. Each suggested activity has been designed to reinforce the lesson focus. *Remember: All the activities should conform to the lesson focus to ensure that the children come away with one complete concept each week.*

Music and Fingerplays

Suggested songs are from "Sing-Along Songs for Young Children" which may be purchased from Joy of Living. For those who are unsure of their musical ability, most of the tunes in "Sing-Along Songs for Young Children" are familiar folk songs. Other appropriate songs may be substituted.

It is important to know the songs before trying to sing them with the children. Don't forget to use motions to accompany the songs. If none are indicated—make them up! Motions will help the children learn the songs more quickly and add fun to singing time. Music can also serve as an effective tool in classroom management. Certain songs may be used consistently to signal transitions from one activity to another. "When We All Work Together" or "Now It's Time" would attract the children's attention and signal that it's time to put away the toys. It is good to end the singing time with a quiet song (e.g. "Oh, How I love Jesus"). This will prepare the children to sit quietly and listen to the story.

Storytime

Remember: The "Key Verse" will clarify the direction recommended for the Bible story. Use imagination in telling the story. Some ideas are included for making the story fun. Feel free to be silly and enthusiastic about the story. The children will catch your excitement for God's Word.

Application

A young child learns by doing. The suggested Bible application activities are designed to reinforce the lesson focus. Feel free to substitute other appropriate activities.

Crafts

Materials for crafts should be gathered well in advance. A sample of the craft should be made and brought to class for the children to see. Talk about the lesson focus as you work on the craft.

Snack time

Any simple healthy snack will be appropriate. If possible, provide snacks that will give opportunity to discuss the lesson (e.g. swirl cookies to remind us of an archery target when you discuss David and Jonathan).

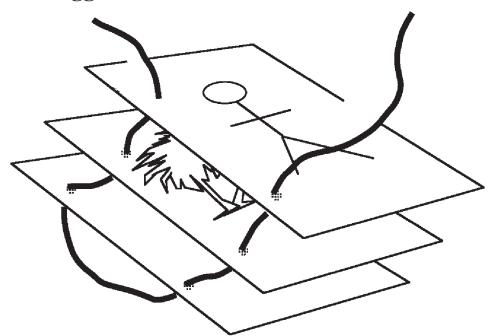
Several simple recipes are included on pages #7 & #8.

Notebooks

The notebooks are designed to reinforce the weekly lesson. The children will take them home on the final day of class. The notebooks will serve as a reminder to the children of the concepts that they learned throughout the year.

Covers can be made of posterboard or other rigid paper cut slightly larger than 8 1/2" x 11". Use a three-hole paper punch along one of the longer sides. Bind the covers together with ribbon or yarn. Leave additional ribbon or yarn and tie loosely so that completed weekly activity pages can easily be added. (Alternate idea: Three ring binders may be purchased for each child.) Front covers will be decorated on the first day of class. Subsequent pages will be placed in the notebooks by the teacher.

Notebook suggestion:



A suggested schedule is as follows (be sure to coordinate with other classes):

- 9:30 Greet children. Allow them to play with playdough, puzzles, blocks or color a picture.
- 9:50 Music and fingerplay
- 10:00 Storytime and application
- 10:15 Craft
- 10:30 Play outside
- 10:45 Snack time
- 11:00 Notebook Activity
- 11:15 Free time and time to get ready to go home.
- 11:30 Children picked up.

The most important thing to remember: Love the children and enjoy them. Pray for them and for yourself each week. Let the Lord do the rest!

Parent's Information Sheet and Letter.

When each child is checked in for the first time. Give a "Parent's Letter and Information sheet" (following page) to the adult who is dropping off the child. Request that the bottom portion be completed and returned to class at the end of the first day. Dear Parent,

Welcome! This year our objective is to help the children know:

- that they are important to God and He loves them,
- that God is all powerful and wise, and
- that God will take care of them in every situation.

Our Bible verse for this course will be Isaiah 43:4a & 5a

"Since you are precious and honored in My sight, and because I love you,... Do not be afraid, for I am with you."

Our weekly Bible story, songs and activities will emphasize this theme.

Each week the children will complete an art activity designed to reinforce the principle taught in the lesson. This activity will be placed in their personal notebook. They will take the notebook home on the final day of class. This notebook will serve as a reminder of all they learned this year.

To help us care for your child, please complete the following form. Detach and return it to us as soon as possible.

Thank you for the privilege of working with your child!

Sincerely,

Child's Full Name:	Nickname:
Name of Parent(s)/Guardian(s):	
Address:	
Telephone #: ()	Child's Birthday:
Name(s) of siblings:	
Special needs or instructions (regard	ing food intolerances, etc.):

Lesson Outline

Date Lesson	Title Scripture	
1	Introduction	
2	God Uses Deborah to Guide Barak	Judges 4, 5
3	Gideon's Call	Judges 6:1-24
4	Gideon's Victory	Judges 7:1-25 & 8: 22, 23
5	Annunciation and Birth of Samson	Judges 13
6	Fall of Samson	Judges 16: 4-30
7	Ruth Gives Kindness	Ruth 1 & 2
8	Ruth Gets Married	Ruth 3 & 4

Recipes

Cheerios Balls (Serves 6)

This a very versatile recipe with several variations to make it usable at different holidays.

3 T. butter 1/2 t. food coloring (optional)

3 c. minature marshmallows 4 c. Cheerios

Melt butter and marshmallows over medium low heat, stirring frequently. Remove from heat. Add vanilla and food coloring (if using). Fold in Cheerios. Cool until able to be handled. Butter hands. Shape 2/3 c. mixture into a ball. Repeat with remaining mixture. Wrap in plastic wrap to help retain shape until completely cooled.

Variations:

- Use green food coloring and shape into Christmas Trees. Decorate with gumdrops or M&M's and paper stars.
- Use orange food coloring and shape into Pumpkins. Top with a green gum drop.
- Use any bright color and shape into Easter Eggs.
- Use your imagination

Peanut Butter Balls (Serves 8)

This is a healthy snack that the kids will love to help you make!

1/2 c.	peanut butter	2 T.	honey
2 1/2 T.	nonfat dry milk	1/4 c.	c. coconut
2 T.	rasins		sesame seeds

Mix together everything but sesame seeds. Form into small balls. Roll in sesame seeds.

Forge-Me-Not Cookies (Makes 3 dozen meringue cookies)

These take only a few minutes to prepare, but require at least 8 hours to "cook".

2	egg whites	1	6 oz. package semi-sweet chocolate chips
3/4 c.	sugar	1c.	pecans, chopped
1/2 t	vanilla		

Preheat oven to 300° degrees. Beat egg whites until stiff. Add sugar gradually. Beat at high speed for about 5 minutes. Fold in vanilla, chocolate chips and pecans. Drop from teaspoon onto foil-lined cookie sheets. Put in oven and turn off heat. Leave overnight (or at least 8 hours).

Sunshine Salad (Serves 12-16)

- 1/2 carton yogurt (Use your favorite flavor, preferably a pale colored variety.)
 - 8 slices of pineapple

Place 1 slice pineapple in each dish. Put 1 T. yogurt in the middle. Eat the sunshine.

Yummers(Serves 12-16)2 oz.grated cheese1/2 c.1/4 c.butter (grated)1/2 c.Mix all ingredients together.Form into little balls.Bake at 375° degrees for 10 minutes.

Quesedillas (ka - sa - dee - a)

Cut flour tortillas in half. Spread with cheese spread, fold and serve sandwich style. These are good served warm, too!

Oatmeal Bars

2c.Oatmeal (uncooked)3/4 c. brown sugar

1/2 c. (or 1 stick) butter/margarine 1/4 t. baking soda

Boil sugar, butter and soda. Add oatmeal and blend. Spread mixture in a well greased 8-inch square pan (or equivalent) and bake at 350° for 10 minutes. Cut in bars while warm. Serve when cool.

No-Bake Co	ookies #1	(Serves 16)	
1 c.	raisins	1c.	finely chopped dates
1/2c.	honey	1/2 c.	graham cracker crumbs
Mix raisins,	dates and honey.	Form balls. H	Roll in graham cracker crumbs.

No-Bake Cookies #2	(Serves 16)
1c. corn syrup	1c. peanut butter

8 c puffed rice cereal

Mix syrup and peanut butter together. Add cereal and mix until coated. Spoon onto waxed paper. Let set, serve.

No-Bake Cookies #3 (Serves 16)

2 3/4 c. finely crushed vanilla wafers

1 c. powdered sugar

1/4 c. melted butter1/4 c. undiluted orange juice

Mix ingredients together. Roll into balls. Roll balls in powdered sugar. Refrigerate until firm before serving.

Muffins

Prepare packaged muffin mix. Use the smallest muffin cup available.

Puppet Pattern* You may use the following pattern to make a puppet for use during your discussion times, or, you may make or purchase one of your own choosing. HAND PUPPET Materials: Two pieces of 12x18inch felt; one 3-inch styrofoam ball; small pieces of felt; yarn, glue, scissors, paper, pencil, needle and thread; optional-stapler. Preparation: Outline pattern onto a piece of paper. Cut pattern Pattern from paper. Place pattern on fold for Hand Puppet of felt. Cut two felt pieces for each puppet. Sew around outer edges as indicated on pattern. Clip curves (sketch A). (Felt may be glued or stapled together rather than sewed.) For head, use scissor points to Place on fold Clip A С make a hole in styrofoam ball big enough for index finger (sketch B). For facial details cut and glue felt pieces on ball. Glue on yarn for hair. Place hand into completed felt body. Push head onto index finger. Extend pattern 1-inch

*From "Easy-to-Make Crafts" © 1976 G/L Publications. Used by permission.

LESSON 1 INTRODUCTION

"Since you are precious and honored in My sight, and because I love you,... Do not be afraid, for I am with you." -Isaiah 43:4a & 5a

Music Jesus Loves Me Jesus is My Best Friend Jesus Loves You

Lesson Focus: Our God Cares for His Own Use this day to introduce yourselves to the children, introduce them to each other and explain your goals for the class. Play some get acquainted games. Make things as calm, relaxed and reassuring as possible. The younger ones will be especially apprehensive on this first day.

- Key Verse: Isaiah 43:4a, 5a "Since you are precious and honored in My sight and because I love you,...Do not be afraid, for I am with you."
- ApplicationUse puppets to gain the attention of the children and help them feel at ease.
Let them know that God loves them and you do, too. Assure them that you
will take care of them when they come to class, that they'll have a good time
and that mommy will come back to pick them up and take them home.
 - **Craft** Prior to class: For each child make a picture frame using cardboard. (See Notebook activity below.) At the bottom of each frame write: "Our God Loves and Cares for Me". In class: Allow the children to decorate the frame by gluing on one of the following: macaroni, fabric scraps, small pieces of yarn, scraps of colored paper, etc. If desired, you may cover the finished creation with shellac or other sealer appropriate for the technique you've chosen.
- **Free Playtime** If the weather and facility permit, allow the children to have free playtime outside. Options: Allow the children free time indoors in a designated area, provide various activities to choose from; or, play supervised running and racing games outside.
 - **Snack time** Any simple healthy snack is appropriate. Suggestions on pages 7 & 8.

Notebook Activity Decorate notebook covers. Provide stickers for the children to individualize their notebooks. Take the children's pictures and have prints made to mount onto the cover. (Have 2 prints made of each child: one for the notebook and one for the picture frame.)

Clean-up & Free time Encourage the children to help clean-up and put toys away. After clean-up, while you are waiting for the parents to pick up the children, you may either allow the children free time in the designated area; or, you may have them sit while you read to them or sing with them.

LESSON 2 GOD USES DEBORAH TO GUIDE BARAK

"Since you are precious and honored in My sight, and because I love you,... Do not be afraid, for I am with you." -Isaiah 43:4a & 5a

Music Hear the Word of God Learn to Do Right

StoryGod Uses Deborah to Guide Barak - Judges 4, 5Lesson Focus:Deborah was a prophetess of God. The Canaanites were treating the Israelites
very badly. God told Deborah to give Barak instructions about how to fight
against the Caananites. Barak obeyed and God gave them the victory. God
used Deborah to guide Barak, now we have God's Word, the Bible to guide
us.

Key Verse: Psalm 119: 105 - "Your word is a lamp to my feet and a light for my path."

ApplicationPlay a game: Have several obstacles set up in the room. Turn the lights down
(do not make it dark). Shine a flashlight on the floor. Instruct the children to
follow the light of the flashlight. Lead them through the obstacle course with
the light of the flashlight. Tell them that God's Word, the Bible, guides us and
shows us what God wants us to do. Alternate game: Simon Says.

Craft Prior to class: Cut thin sponges into the shape of a mitten. Punch small holes around the edges so children can easily lace them together. Write on the outside in permanent fabric marker, "God Guides Me." Obtain laces that are relatively thick and with finished ends (long shoelaces will do). In class: Help the children lace the mitts together. Talk about: The bathmit holds water just like Gideon's fleece. Remind the children that God guided Gideon with the fleece and God guides us by His Word. (Pattern on page 13)

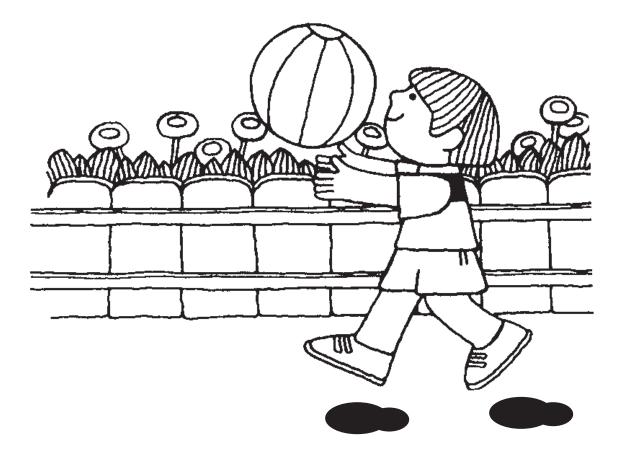
Free Playtime If the weather and facility permit, allow the children to have free playtime outside. Options: Allow the children free time indoors in a designated area, provide various activities to choose from; or, play supervised running and racing games outside.

Snack time Any simple healthy snack is appropriate. Suggestions on pages 7 & 8.

Notebook Activity "God Will Guide Me" picture (next page). Have the children glue footprints along the path. As you work on the project talk about how God guides us through His Word, the Bible. Use Bible verses such as "Children obey your parents...", "Be kind to one another...", or any of the Ten Commandments. Give them a situation such as "Mother tells you to pick up your toys. How does God's Word guide you?"-- refer to the scripture, "Children obey your parents...", Ephesians 6:9.

Clean-up & Free time Encourage the children to help clean-up and put toys away. After clean-up, while you are waiting for the parents to pick up the children, you may either allow the children free time in the designated area; or, you may have them sit while you read to them or sing with them.

God Will Guide Me



Patterns for Lesson #2



Footprints for "God Guides Me" Picture.

Cut individual footprints and allow the children to glue them to the picture.



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LESSON 3 GIDEON'S CALL

Music	Get Ready How Do You Help Do What is Right and Good Jesus Loves Me	
Story	Gideon's Call - Judges 6:1-24	
Lesson Focus:	God can use anyone to do great things for Him even children!	
Key Verse:	Matthew 19:14 "Jesus said, 'Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.'"	
Application	After you tell the story have puppets talk about ways children can serve; or, have teachers act out a situation: the child is discouraged and complaining about being small and unable to help. Then provide the solution: they are too small to do some things, but there are many things they can do to help mom or Jesus. Encourage the children to think of things they can do to help.	
Craft	Make headbands out of 1 1/2" strips of construction paper. Hand write "God Chose Me to be His Servant." Let children decorate them by gluing on shiny or sparkly cord, sequins, or other items.	
Free Playtime	If the weather and facility permit, allow the children to have free playtime outside. Options: Allow the children free time indoors in a designated area, provide various activities to choose from; or, play supervised running and rac- ing games outside.	
Snack time	Any simple healthy snack is appropriate. Suggestions on pages 7 & 8.	
Notebook Activity	Allow the children to color the picture "I'm Small but, I Can Serve God, too!" (see next page).	
Clean-up & Free time	Encourage the children to help clean-up and put toys away. After clean-up, while you are waiting for the parents to pick up the children, you may either allow the children free time in the designated area; or, you may have them sit while you read to them or sing with them.	

I'm Small But I Can Serve God, Too!



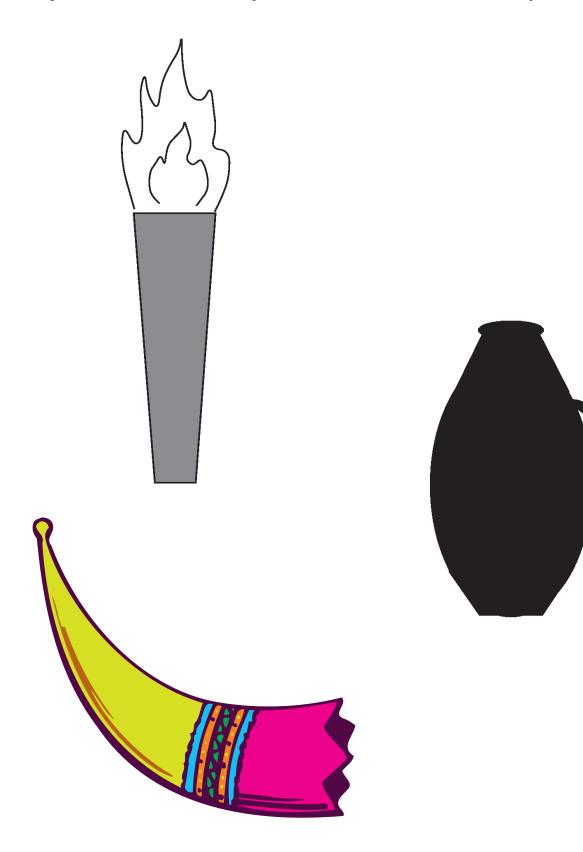
LESSON 4 GIDEON'S VICTORY

Music	Hear the Word of God Learn to Do Right	
Story	Gideon's Victory - Judges 7:1-25; 8:22,23	
Lesson Focus:	God's battle plan was impossible by human understanding. When Gideon obeyed, God gave him a great victory.	
Key Verse:	Zechariah 4:6b - "Not by might, nor by power, but by my Spirit," says the Lord Almighty.	
Application	Play a game: Divide children into two groups. One group will be the Midian- ites and the other group will be the Israelites. Let them know they will take turns being the Israelites. Have the Israelites form a circle with the Midianites in the center. Chant (as quietly as possible) "Not my strength, but God's" as you march in a circle around the Midianites. When you've gone all the way around, stop and shout, "Will win against all odds!". When the Israelites shout, the Midianites fall down. Allow the groups to take turns being the Isra- elites.	
Craft	Make pretend trumpets from rolls of cardboard. Use one empty cardboard roll from paper towels or toilet paper for each child. Put enough waxed paper over one end of the roll to cover the end and come about an inch down the sides. Tape the paper tightly (holding it in place with a rubber band should make this easier). To play, have the children put their mouths right up to the open end and hum. The sound is like a kazoo. Allow the children to decorate them with crayons, paint or paper pictures glued on.	
or paper towel roll water raper Free Playtime	If the weather and facility permit, allow the children to have free playtime outside. Options: Allow the children free time indoors in a designated area, provide various activities to choose from; or, play supervised running and rac- ing games outside.	
Snack time	Any simple healthy snack is appropriate. Suggestions on pages 7 & 8.	
Notebook Activity	"When I Obey, God Wins the Battle His Way!" picture. Allow children to glue a jug, a torch and a trumpet to the page.	
Clean-up & Free time	Encourage the children to help clean-up and put toys away. After clean-up, while you are waiting for the parents to pick up the children, you may either allow the children free time in the designated area; or, you may have them sit while you read to them or sing with them.	

When I Obey, God Wins the Battle His Way!

Patterns for Lesson #4

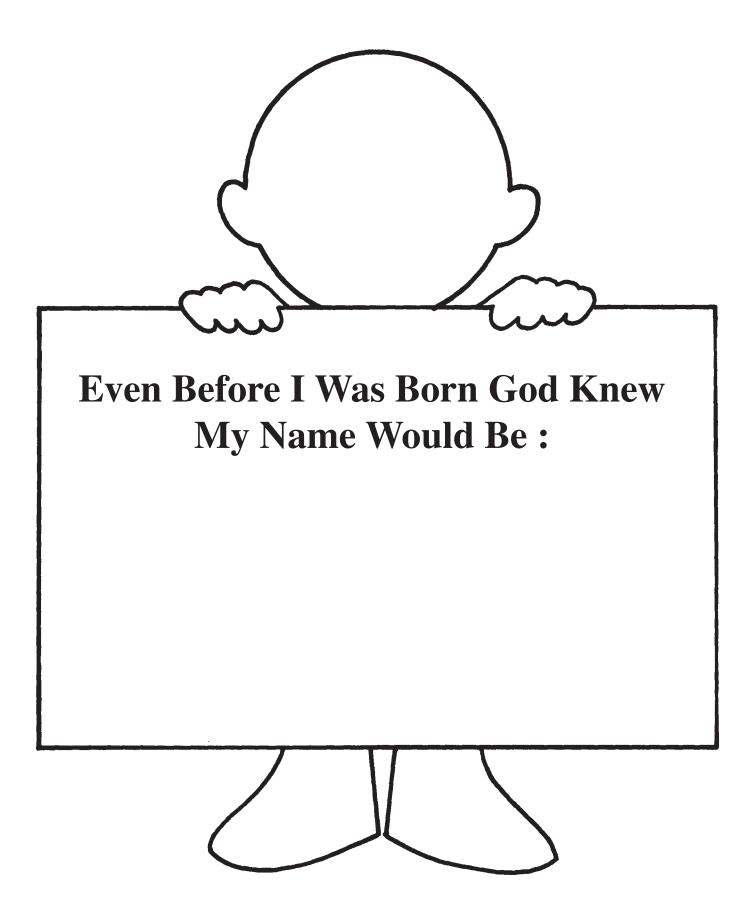
Objects for "When I Obey, God Wins the Battle His Way!" Picture.



LESSON 5 The Annunciation and Birth of Samson

Dowel or some type of smooth stick Felt or construction paper

Music	God Made My Ears Jesus Loves Me
Story	The Annunciation and Birth of Samson - Judges 13
Lesson Focus:	God decided even before he was born that Samson would do special things for Him.
Key Verse:	Psalm 139:16 "Your eyes saw my unformed body."
Application	Every person is special and unique to God. Use a puppet (any type will do) to go around the circle and ask each child his name. Say something back to each child like: "I saw you out on the playground earlieryou have really worked hard to learn how to do those tricks on the monkey bars." or, "You shared so nicely when we had our snack earlier." The idea is to point out some special characteristic of each child that makes him unique and special. Avoid focus- ing on traits that are beyond the child's control or that have little to do with the child himself, such as his clothes.
Craft Yarn or colorful tie off stick or rration (Insert child's name) is special to God	Make banners with the children's names on them. Use a rectangle of felt or heavy paper. Write "(Insert child's name) is special to God." Insert a dowel rod or some smooth stick, then tie a long piece of yarn at either end of the dowel for hanging. Allow the children to decorate their banner with various color marking pens. Encourage them to draw pictures of themselves, their favorite people or things. If they are using paper, they can glue magazine pictures of their favorite things on the banner.
Free Playtime	If the weather and facility permit, allow the children to have free playtime outside. Options: Allow the children free time indoors in a designated area, provide various activities to choose from; or, play supervised running and rac- ing games outside.
Snack time	Any simple healthy snack is appropriate. Suggestions on pages 7 & 8.
Notebook Activity	"Even Before I Was Born, God Knew My Name Would Be (Insert Child's Name). Children may draw or color their features, hair, eyes, mouth, etc.
Clean-up & Free time	Encourage the children to help clean-up and put toys away. After clean-up, while you are waiting for the parents to pick up the children, you may either allow the children free time in the designated area; or, you may have them sit while you read to them or sing with them.

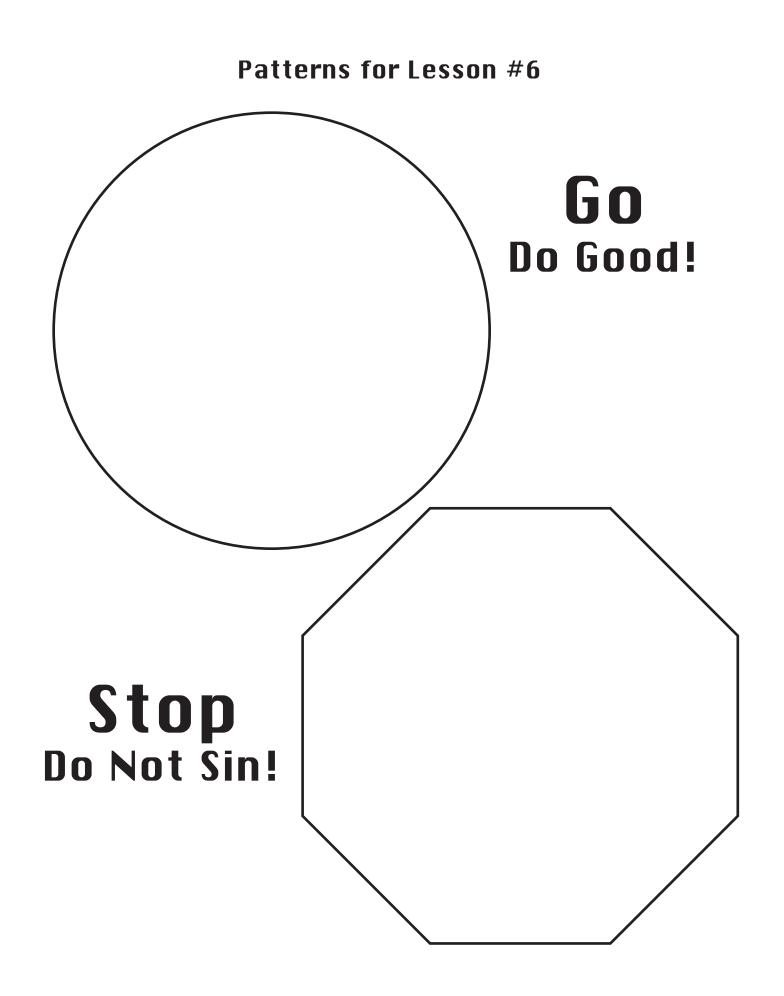


LESSON 6 FALL OF SAMSON

- Music We Will do Everything the Lord Says What Can I Do?
 - Story Fall of Samson Judges 16:4-30
- Lesson Focus: God had special things He wanted Samson to do. But, Samson disobeyed God by spending time in the wrong places with the wrong people. Samson had unhappy consequences for his disobedience.
 - Key Verse: Mark 14:38 "Watch and pray so that you will not fall into temptation."
 - Application Use puppets to act out the following situation: Mother tells the child, "No cookies before dinner." Mother leaves the room. Child climbs up to where the cookies are on the counter. The child really wants a cookie. Help the children see what choices the child could make & what the consequences might be. (Use both obedience/good consequences and disobedience/bad consequences.)
 - **Craft** Make stop and go signs. Before class: For each child, cut an octagon out of red construction paper and a circle from green construction paper. Cut out strips of paper that say "Stop" and "Go" also in smaller letters "Do not sin" and "Do Good". Allow the children to glue the words "Stop" and "Do not sin" to the red sign; "Go" and "Do Good" to the green sign. Then glue popsicle sticks to the back of each sign.
- **Free Playtime** If the weather and facility permit, allow the children to have free playtime outside. Options: Allow the children free time indoors in a designated area, provide various activities to choose from; or, play supervised running and racing games outside.
- **Snack time** Any simple healthy snack is appropriate. Suggestions on pages 7 & 8.
- **Notebook Activity** "Lord, Help Me Run From Sin" picture. Allow each child to draw their features on the child running on the next page. Allow them to color the picture.
- **Clean-up & Free time** Encourage the children to help clean-up and put toys away. After clean-up, while you are waiting for the parents to pick up the children, you may either allow the children free time in the designated area; or, you may have them sit while you read to them or sing with them.

Lord, Help Me Run Away from Sin!





LESSON 7 RUTH GIVES KINDNESS

Music	Together What Can I Do?	
Story	Ruth Gives Kindness - Ruth 1 & 2	
Lesson Focus:	Ruth gave kindness to her mother-in-law (beyond what would have been expected of her).	
Key Verse:	Ephesians 4:32 "Be ye kind to one another"	
Application	Use the puppets to act out a story of someone doing something kind for some- one else. (Suggestion: Little boy sweeps the walk for his mother without be- ing asked or, little girl shares her cookie with her younger sister without being told.) The recipient is made happy. Suggest that the children do something kind for someone today. Reinforce the Bible verse.	
Craft	Make placemats with Ephesians 4:32 on them. Allow the children to decorate them with stickers and magic markers if desired. Use heavy posterboard and cover them with clear contact paper. Remind them of the Bible verse and that they can be kind to mom by helping her set the table.	
Free Playtime	If the weather and facility permit, allow the children to have free playtime outside. Options: Allow the children free time indoors in a designated area, provide various activities to choose from; or, play supervised running and rac- ing games outside.	
Snack time	Any simple healthy snack is appropriate. Suggestions on pages 7 & 8.	
Notebook Activity	"I will be kind to others." picture. Prior to class: Cut out a large variety of magazine pictures that show children and adults being kind. In class: Allow the children to glue the pictures of their choice to their paper.	
Clean-up & Free time	Encourage the children to help clean-up and put toys away. After clean-up, while you are waiting for the parents to pick up the children, you may either allow the children free time in the designated area; or, you may have them sit while you read to them or sing with them.	

I Will Be Kind to Others.

LESSON 8 RUTH'S MARRIAGE

Music	Jesus Loves Me Jesus, Jesus	
Story	Ruth Gets Married - Ruth 3 & 4	
Lesson Focus:	Boaz loved Ruth and He wanted her to be part of his family, He wanted to take care of her. When they were married Ruth became part of Boaz's family. God loves us and takes care of us. He wants us to be part of His family.	
Key Verse:	1 Peter 5:7b "He (God) cares for you."	
Application	Have the puppets talk to the kids about how God loves them. Ask them ques- tions such as: What are some of the ways God shows His love for us? (An- swers could be: parents to care for us, food, flowers, sun, moon, stars, Jesus, etc.) What are some of the ways our parents show they love us? (Answers could be: They provide a home for us, food, clothes, etc.) Talk about how God is our Heavenly Father and we are part of His family.	
Craft	Make a "Family Collage". Use pictures of mommies, daddies, children and babies cut from magazines. You can talk about how families are different. Some have mommies & daddies, brothers and sisters, others may have just a mommy or a daddy with the child or maybe a grandmother or aunt. Write "The (Insert Child's Last Name) Family" At the top of the page.	
Free Playtime	If the weather and facility permit, allow the children to have free playtime outside. Options: Allow the children free time indoors in a designated area, provide various activities to choose from; or, play supervised running and rac- ing games outside.	
Snack time	Any simple healthy snack is appropriate. Suggestions on pages 7 & 8.	
Notebook Activity	"Thank you, Lord, for My Family, and for Making Me Part of Your Family." picture. Allow children to draw pictures of their families.	
Clean-up & Free time	Encourage the children to help clean-up and put toys away. After clean-up, while you are waiting for the parents to pick up the children, you may either allow the children free time in the designated area; or, you may have them sit while you read to them or sing with them.	

"Thank you, Lord, for My Family, and for Making Me Part of Your Family."